

SERENITY

• BEAUTY CLINIC •

TREATMENT GUIDE

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FREE PARKING & CREDIT FACILITIES AVAILABLE

AROMA GOLD SALON

YOUR DECLÉOR GOLD AWARD

WELCOME TO SERENITY, A GOLD AWARD
SALON, WHERE WE PRIDE OURSELVES ON OUR
STANDARDS AND PROFESSIONALISM

WHEN YOU VISIT SERENITY YOU WILL RECEIVE THE
HIGHEST STANDARD OF CARE AVAILABLE IN A
CALMING, COMFORTABLE AND RELAXED
ATMOSPHERE.

OUR EXPERIENCED AND HIGHLY TRAINED SKIN
THERAPISTS OFFER A WIDE RANGE OF CUTTING EDGE
TREATMENTS USING THE MOST ADVANCED SKIN CARE.

WE HOPE YOU WILL BENEFIT FROM OUR KNOWLEDGE
AND EXPERIENCE, WE BELIEVE YOU DESERVE THE BEST!

GIFT VOUCHERS ARE AVAILABLE
THEY MAKE THE PERFECT GIFT

PLEASE GIVE 24 HOURS NOTICE OF ANY CANCELLATION.
LATE CANCELLATIONS AND MISSED APPOINTMENTS
MAY INCUR A CANCELLATION FEE OF £10 PER
1/4 HOUR BOOKING.

ALL TREATMENTS ARE INCLUSIVE OF V.A.T.

Decléor Facial Treatments

Decléor's holistic facials are famous worldwide for their heavenly feel and simply stunning results. Every treatment begins with the unique back diagnostic massage: utterly relaxing for you and a wonderful insight to your therapist into your overall state of health – and therefore your precise needs. The use of expert massage techniques and 100% pure, preservative-free Essential Oils address the demands of every single skin type to leave all complexions balanced, comforted and glowing with health.

Ultimate Vitamin Glow 1 hr **£51.00**

Award-winning vitamin facial to leave your skin visibly radiant

This internationally renowned, multi-award winning facial is power-packed with vitamins and anti-oxidants. Stress simply melts away thanks to five deeply relaxing massage techniques and the ideal rebalancing aromatic elixir for your complexion. Our deliciously warm and decongesting mask softly cocoons skin, providing the perfect environment for it to flourish. Skin is left deep cleansed, perfectly replenished and glowing with vitality.

Beauty Enhancing Facials

A sensation of extreme effectiveness and well-being prescribed to your individual needs. After an expert skin analysis, your therapist will select from one of our targeted active masks with renowned properties that will enhance the beauty of your own skin.

Oxygenating Matt & Pure 1 hr 15 min **£55.00**

Intensely balancing and detoxifying for visible clarity

This mattifying facial targets spots, blemishes, open pores and excessive shine. Includes a balancing and deeply oxygenating power mask to bring instant clarity to dull, devitalised skin; a three-stage massage ritual also intensively detoxifies, relaxes and refines uneven texture. Brings previously oily, combination and dull skin back to life leaving it luminous, crystal clear, beautifully matte...and completely flawless.

Divine Nutrition 1 hr 15 min **£55.00**

Deliciously cocooning and nourishing to comfort and repair

The end of dry, flaky skin, our ultra-nourishing facial deeply soothes, restores and renews. Chestnut Extract boosts crucial lipid production and micro-circulation while nourishing Geranium and Rose feed skin with vital nutrients. By locking-in moisture, complexions are also strengthened against wind, rain and cold making it ideal for anyone who spends a lot of time outdoors. Even the driest complexions are left supremely supple, comfortable and satin smooth.

Harmonie Calm 1 hr 15 min **£55.00**

Desensitises and reinforces stressed, fragile and reactive skins

This intensely soothing treatment instantly relieves irritated complexions. Acting like a calming comfort blanket, Blueberry Extract soothes angry, sore skin; cooling Algae plasticizing mask peels away to reveal a calmer, smoother surface. Re-addresses all types of sensitivity whether due to stress, poor diet, illness, medication or simply general fatigue. Skin becomes clear, soothed and more resilient to environmental aggressions.

Moisture Quench 1 hr 15 min **£55.00**

Deeply hydrating facial for super-soft skin

Super-hydrating and able to quench even the thirstiest of skins, this deeply moisturising treatment includes a gently effective exfoliation to leave skin smooth, velvety and perfectly prepped for our nourishing AROMESSENCE™ Neroli Concentrate. A nutrient-rich mask drenches skin with soothing, moisture-loving ingredients for a complexion that's rehydrated, supple and cashmere soft.

Decléor Advanced Anti-Ageing Facials

Three technologically advanced facials to fight every concern, each with precise and blissful rituals. Based on 40 years of skincare expertise and utilising the latest technological breakthroughs in anti-ageing care, this brings a new lease of life to maturing complexions, offering dramatic improvement in skin tone and clarity.

Hyaluronic Acid Wrinkle Resist 30-40 1 hr 15 min **£58.50**

Youth-boosting anti-wrinkle treatment

This is the secret to youthful skin! Using powerful youth-boosting botanicals, this pampering facial intensively targets the appearance of lines and wrinkles. The mineral-loaded mask lifts, plumps and firms while gentle exfoliation refines skin texture. Bringing dramatic and immediate results, expression lines and wrinkles are smoothed ensuring skin looks luminous.

Collagen Plump & Lift 40+ 1 hr 15 min **£62.50**

Ultimately effective anti-ageing facial leaving the skin plumper and firmer

This facial includes our ultimately effective 'lifting' massage to recharge skin tissues. Highly efficient formulas then infuse the skin with naturally energising ingredients to help kick-start its natural renewal process; an indulgent and collagen-rich mask ensures skin feels plumped and tightened too. The result? A flawless, youthful new radiance.

OrExcellance Facial Pilates 50+ 1 hr 15 min **£65.50**

A pilates session for the skin to help visibly lift, remodel and re-densify

Facial Pilates has been created to deliver a natural lift to the face, helping reshape the contours of the facial with a re-cushioning effect. After a deep cleansing and three facial massages, your therapist will help lift your skin with a massage using our outstanding Energy Youth Concentrate Mask. This will plump and smooth the appearance of lines and wrinkles, whilst softening and increasing the tone, leaving the skin glowing with rosy youthfulness.

Aromatherapy Discovery Facial 30 min **£30.00**

The effective rescue remedy for perfectly radiant skin, when you are short of time.

Discover what makes Decléor facials world famous with this divine 'taster'. When you're short of time but want to bring back an irresistibly healthy complexion, this is the perfect rescue remedy. For rapid results, your expert therapist uses a combination of massage, Essential Oils and a gentle polish to smooth and revitalise tired skin leaving it fresh and radiant instead.

Additional Treatments

Vital Eyes 45 min **£39.00**

Anti-ageing and visibly plumping for a smoother eye zone

Delicately nurturing the most sensitive and delicate part of the face, this specialised treatment is fatigue-fighting, moisture quenching and wrinkle erasing. DECLÉOR's unique toning eye technique stimulates microcirculation and encourages cell renewal while an intensively repairing, anti-ageing eye mask also decongests and de-puffs. Leaves even contact lens wearers, hay fever sufferers and smokers with a dramatically brighter, younger looking eye zone.

Vital Eye Combined with a Facial 15 min **£15.50**

Specialised Facial Treatments

CACI Ultra Non-Surgical Facial Lifting

CACI is the UK's best selling non-surgical face lift system. Developed in the UK, it now has an international reputation and is endorsed by many celebrities. The result of over 20 years research, the award winning CACI Facial Toning has been voted the most effective anti-ageing treatment available. Its non-invasive treatment delivers dramatic, visible results, without the need for surgery. The range of treatments provided by CACI includes facial toning, microcurrent, ultrasonic peel, hydratone mask and LED Light Therapy photo stimulation. It is recommended that you embark on a course of treatments and book a consultation as to how CACI can work best for you.

CACI Non-Surgical Face Lift 1 hr £52.50

This treatment gently lifts, tightens, tones and re-educates the facial muscles whilst smoothing the appearance of fine lines and wrinkles. This will help renew the skin cells whilst tone and texture is improved, leaving the skin with a wonderful glow and a firmer more supple appearance.

Course of 10 treatments incl. 1 free saving £52.50 **£472.50**

CACI & Hydratone 1 hr £69.00

The Hydratone treatment is a combination of our non-surgical face-lift with the added benefit of a super hydrating mask which is infused with collagen, hyaluronic acid and vitamin C and E. Dehydrated and environmentally damaged skin is quenched, whilst deep lines and wrinkles are plumped out, leaving the skin looking radiant, softer and more youthful.

CACI & Jowl Lift Facial 1 hr 15 min £72.50

Firm and tone the jawline with a CACI facial. A CACI Jowl Lift facial uses quad probe applicators designed to double the lifting action of the CACI treatment. Specifically designed to target muscles around the jawline. To maximise the firming effect unique serum filled cotton buds that contain a powerful skin firming formulation that contain Hexapeptides.

Course of 10 treatments incl. 1 free saving £72.50 **£652.50**

CACI & Wrinkle Comb 1 hr 15 min £72.50

CACI & WrinkleComb uses the award winning Amino Lift Peptide Complex alongside LED light therapy and microcurrent, a non-invasive alternative to collagen injections, stimulating the body's own natural collagen and elastin making it particularly beneficial in treating the deep nose to mouth and frown lines. The skin will be left with a wonderful glow and firmer more supple appearance.

CACI & Microdermabrasion Beauty Flash 1 hr 15 min £79.00

Why not combine two of our cutting edge result driven treatments. The ultimate way to give your skin everything it needs in one sensational experience.

A combination of the following CACI treatments are also available:

CACI plus Jowl Lift & Hydratone 1 hr 15 min £91.00

**CACI plus Jowl Lift & Wrinkle Comb
1 hr 15 min £92.50**

**CACI plus Hydratone & Wrinkle Comb
1 hr 15 min £91.00**

Dermaquest

Dermaquest skin therapy products are the most advanced formulations available anywhere due to state of the art delivery systems, high level of active ingredients, innovation and research. The products and treatments are results driven and will target specific skincare concerns to give you the skin that you deserve.

Resurfacers

Resurfacers sometimes referred to as mild peels, are superficial treatments, meaning that they work on the very top layers of the epidermis and use enzymes and acids to refine and exfoliate. Resurfacers have generally little-to-no downtime.

A Dermaquest preparation product must be used on the skin for two weeks before any resurfacers or peel treatment.

Glycolic Resurfacer

This deeply exfoliating treatment uses a unique blend of anti-ageing ingredients to retexture damaged skin. Using Glycolic Acid to firm and Lilac Stem Cells to protect skin from environmental pollution, this is an ideal treatment for those with significant UV damage.

Pumpkin Resurfacer

Containing 40% Pumpkin Pulp this resurfacer was designed to meet the needs of those with acne concerns and enlarged pores. The anti-bacterial affect of Salicylic Acid helps to prevent and treat acne for those prone to breakouts or experiencing perimenopause. Coupled with Lactic Acid, this treatment not only relieves post-inflammatory hyperpigmentation, but also improves skin tone and texture.

Power Peptide Resurfacer

This treatment, formulated with Rigin and Matrixyl, is the authority on cellular and UV damage, promoting collagen and elastin synthesis. Boasting 40% blend of AHA's and bursting with peptides, this is our most advanced anti-ageing resurfacer yet, ideal for those in need of advanced wrinkle correction.

Lactic Resurfacer

Ideal for sensitised skin and skin conditions like rosacea our Lactic Resurfacer is gentle while actively exfoliating for an even skin tone. Paired with Sodium Hyaluronate, this treatment is the ultimate cellular humectant. An unrivalled moisture magnet, crafted to replenish dehydrated, dull skin.

MangoBrite Resurfacer

Designed with Vitamin C, Orange Stem Cells and Mango Pulp, this hydrating resurfacer provides a basic level of exfoliation as it evens skin tone and helps to repair all levels of hyperpigmentation. Kojic Acid diminishes dark spots by reducing melanin production for a thoroughly brightened complexion.

Salicylic Resurfacer

This resurfacer uses anti-bacterial Salicylic Acid to reduce and control inflammation associated with acne. Deeply exfoliating and able to penetrate right down to the follicle. Calms irritation reducing redness, soothes inflammation for a fresh and pacified complexion.

30 min treatment

£55.00

Course of 6 treatments One every two weeks

£295.50

Advanced Peels

Skin peels treat the top layers but also penetrate the mid to lower levels of the epidermis, delivering stronger, extended results. Because chemical peels are so active and deeply penetrating, downtime for up to 10 days can be expected.

SkinBrite Peel

With ingredients such as Lactic, Mandelic and Phytic Acids this peel helps to combat deep, resistant pigmentation caused by hormones, sun damage, and long-standing post-inflammatory hyperpigmentation such as dark spots caused by acne scarring.

TCA Peel (Trichloroacetic Acid)

Our most comprehensive and potent anti-ageing peel, this treatment was formulated to combat severe photo damage, distended pores, deep wrinkles and dull, sagging skin. A rescue operation for distressed skin, using Trichloroacetic Acid to penetrate the deepest epidermal layers.

Modified Jessner Peel

This peel was designed to comprehensively manage acne, preventing persistent breakouts and calming current blemishes with Salicylic Acid. Anti-inflammatory and anti-bacterial, the Modified Jessner peel also contains Lactic Acid to lift dark spots due to acne scarring and resorcinol to exfoliate away dead skin cells, excess oil and debris to establish your clean and clear complexion.

30 min treatment

£120.00

Course of 3 treatments One per month

£300.00

Crystal Clear Specialized Facial Treatments

"Beauty Treatment to the Stars"

A patch test is required 24 hours before your first MDA treatment.

Crystal Clear Microdermabrasion

A safe controlled method of skin resurfacing by gentle exfoliating the outer layers of the skin, reducing and smoothing the appearance of fine lines and wrinkles. An excellent and progressive solution to open pores, blackheads, pigmentation, acne scars and much more. The gentle vacuum action also achieves an immediate lifting effect on tired muscles increasing collagen and elastin fibres.

Standard Microdermabrasion 45 min

£45.00

With a 10 min nourishing firming mask.

Course of 6 treatments 1 per week saving £45.00

£225.00

Crystal Clear Oxygen Therapy

The perfect rejuvenation treatment for ageing skin. Oxygen Therapy replenishes lost oxygen delivering a specially patented anti-ageing serum. With skin restructuring ingredients which are delivered into the deeper layers of the epidermis, visibly plumping out fine lines and wrinkles the results are immediate but continue to work long after the salon treatment, stimulating cell rejuvenation. This treatment is also a perfect choice for acne conditions due to anti-bacterial effect of the serum used.

Oxygen Therapy 1 hr

£59.00

With a 25 min lifting and firming mask.

Course of 6 treatments 2 per week incl. 1 free

£295.00

The Ultimate Rejuvenation Treatment

Combining Beauty Flash Microdermabrasion and a Deluxe

Oxygen Facial Treatment - 1 hr 30 min saving £22.00

£82.00

Oxygen Therapy & DermaQuest Resurfacer 1 hr **£75.00**

Why not combine two of our cutting edge result driven treatments. The ultimate way to give your skin everything it needs in one sensational experience.

Ellipse IPL Treatments

Ellipse IPL Acne Clearance

Serenity Beauty, offers an alternative to Acne removal and maintenance. The technically advanced Ellipse Acne Removal using an Intense Pulsed Light system solves many unwanted problems. Your personal requirements are overseen and performed, in confidence, by our senior IPL specialist. Acne is a real problem for most people varying in age and skin type. Regardless of one's situation everyone experiences some form of an unsightly, inconvenient outbreak at some point in their lives. There are many myths about the causes of acne, most surround diet and hygiene, however neither are accurate. Acne can be caused by the body's increased production of the hormone androgen (produced by both men and women) which stimulates the sebaceous glands to produce more oil. The increased production of oil causes the pores to become blocked so that the oil cannot come up to the skin's surface. The propionibacterium/p-acne then feed on and break down this oil. As the bacteria multiply, waste products and sebaceous acid are created and irritate the sebaceous gland which becomes inflamed causing a blackhead (open comedone), pimple or nodule.

The Ellipse IPL treats 3 types of acne:

Acne vulgaris: Clogging of the hair follicles that leads to unsightly and sometime painful, skin lesions and pimples.

Acne conglobas: Covers the back, chest, and buttocks with pustules and nodules, which might cause a severe bacterial infection, as well as extensive scarring.

Acne rosacea: An inflammation of the face, neck or chest.

Do I need to take special precautions before and after treatment?

The Ellipse acne treatment is a combination therapy. We recommend you have a Dermaquest Peel one month prior to treatment. Sun exposure should be avoided 30 days post and prior treatment and a SPF30+ must be worn daily.

What can I expect?

Clients may notice some general redness on the face and following the treatment pigmented areas may appear darker and eventually disappear. Treatment regime: The schedule is 4 treatments, to take place once every 3-4 weeks. This routine can be repeated again to achieve further results if necessary.

Free no obligation consultations and patch tests are available.

Treatment Costs:

Half Face £70.00

Full Face £95.00

Chest £130.00

Upper Back woman £150.00

Full Back men £200.00

Ellipse IPL Skin Rejuvenation

The technically advanced Ellipse Skin Rejuvenation using an Intense Pulsed Light system. Your personal requirements are overseen and performed, in confidence, by our senior IPL specialists. Everybody loves the sunshine! It's good for the soul and the immediate effects it has on the skin such as a tan and healthy glow are much desired. However in the long term sun exposure decreases the production of collagen and leads to uneven pigmentation, redness and a lack of firmness. Our Ellipse IPL Skin rejuvenation treatment rejuvenates the skin by removing pigmentation, diffused redness and leaves the skin feeling smoother and more even in texture.

How does the Ellipse Light work for Skin Rejuvenation?

Age spots and hyper pigmentation contains melanin and diffuse redness contains haemoglobin. The light is absorbed by the melanin in the pigmented area & the heat reaction caused breaks down the melanin in the keratinocytes. A photo toxic reaction occurs in the melanin vesicles and the excess melanin turns darker before it comes away from the skin. The light is also absorbed by the superficial blood vessels in the skin. The heat reaction caused coagulates blood vessels, destroys protein in the wall of the vessel and stimulates collagen production.

What skin conditions can be treated?

Skin Rejuvenation is the treatment of sun damaged skins. The IPL laser sun damage pigmentation removal treatment can be used for diffuse redness (high colour) and pigmented lesions such as hyper pigmentation, solar lentiginos (sun spots) and freckles.

Do I need to take special precautions before and after treatment?

It is important to avoid tanning (sun, sunbed, fake tan) before and during the treatment period. If not, your skin will absorb more light, which makes the treatment less effective. Generally no post-treatment care is necessary, but patients with sensitive skin may benefit from applying soothing aloe vera gel. Furthermore, it is recommended to use a SPF 30+ daily.

What can I expect as far as results?

The pigmentation will become darker in colour immediately after the treatment. A few days after the treatment the pigmented areas will develop a light crust (this is a good sign that the treatment has worked). After that the skin will look smoother and fresher. A few more treatment sessions may be required to keep a smooth and youthful appearance.

How many treatments are needed for the best results?

On average 1-3 treatments at 4 week intervals are needed for the best results. Top up treatments may be needed in the future to maintain these results. For the optimum collagen stimulation effect with Skin Rejuvenation 6 treatments at 4 week intervals would be recommended.

Free no obligation consultations and patch tests are available.

Treatment costs:

Skin Rejuvenation

Book a Course of 6 Treatments and pay for 5

Full Face or Décolleté £85.00

Full Face & Neck £115.00

Full Face, Neck & Décolleté £150.00

Hands £50.00

Sun Damage, Age Spots, Freckles

Book a Course of 1-3 treatments

Single spot £40.00

Small Area £60.00

Hands £50.00

Large Area £95.00

Diffused Redness (high colour)

Book a course of 6 treatments and pay for 5

Cheeks £60.00

Cheeks and Nose £95.00

Cheeks nose & chin £125.00

Ellipse IPL Facial Thread Vein Removal

Serenity Beauty, offers safe and effective thread vein removal (broken capillaries). The technically advanced Ellipse Thread vein Removal, using an Intense Pulsed Light system is a safe and effective treatment to get rid of redness and broken capillaries. Your personal requirements are overseen and performed, in confidence, by our senior IPL specialists. A large proportion of the population suffer from disorders of blood vessels. These range in size from small telangiectasias (small thread veins, spider naevi) to larger Port Wine Stains or birth marks. Most people choose to cover these up with make-up and they can cause significant psychological trauma. The Ellipse IPL treatment offers an effective and clinically proven therapy to remove these lesions.

Which thread veins can be treated?

Thread Veins (small blood vessel near the surface of the skin) on most parts of the body can be treated. The most common treatments are for superficial veins on the face, neck and chest areas. As the treatment relies on absorption of light by the haemoglobin in the blood, the most effective results are seen with light skin. The lighter the skin, the more pronounced the contrast between the vessel and the skin, making treatment easier.

The results you will achieve from the Ellipse treatments are as follows:

1. Removal of the Thread Vein
2. Decreased size of thread Vein
3. Skin texture & pore size will be improved and the skin will look brighter & younger.

How long does an Ellipse treatment take?

A single session typically lasts 10-20 minutes.

How many Ellipse treatments do I need?

The number of treatments depends on the body site and the severity of the thread vein. Clinical studies have confirmed that 1-4 treatments usually are needed, and these are timed about one month apart. Only thread veins on the face, neck and chest can be treated.

Free no obligation consultations and patch tests are available.

Treatment costs:

Single vein £40.00

Small area, Nose £60.00

Cheeks & Nose £95.00

Cheeks Nose & Chin £120.00

Holistic Treatments

Aromatherapy Full Body Massage

£49.00

1 hr plus 15 min consultation, the perfect treatment to relax, rebalance and restore well-being. Using specific essential oils tailored to suit your needs, the therapist uses specialised massage movements to remove toxins and relax muscular strain. Includes face and scalp.

Aromatherapy Back and Neck Massage

£30.00

25 min - using the same techniques as above, but concentrating on the back and shoulder area.

Indian Head Massage

£35.00

45 min - the head, neck and shoulders are treated working on relieving tension and rebalancing the energy centres. Will loosen the scalp therefore improving concentration and helping headaches and eye strain.

Hopi Ear Candle Treatment

£25.00

30 min - the hopi ear candles are impregnated with extract of Honey, Chamomile, Sage and St. John Wort. A relaxing treatment to help sinusitis, earwax, earache and irritation of ears including tinnitus.

Body Treatments

Swedish Full Body Massage

£45.00

55 min - the perfect treatment for stress and tension, using pre-blended therapeutic oils to help ease muscular tension and promote well-being.

Swedish Back and Neck Massage

£30.00

25 min - to help ease muscular tension for the back, neck and shoulders.

Sports Full Body Massage - Full Body

£49.00

55 min - A deep, firm tissue massage to ease and relax muscle tension before or after sport.

Sports Massage - Back and Neck 25 min

£32.00

Using the same technique as above but concentrating on the back and shoulder area.

Decléor Aroma Mosaic Body Treatments

Aroma Wraps

£65.00

Choose from one of four full body envelopments tailored to suit your specific needs

Complete bliss for the whole body. Each treatment begins with exfoliation, aromatic massage and mask. To encourage relaxation, energising, detoxification or firming. With the beneficial comfort of a heating blanket and relaxing scalp massage.

Lemon & Mango, Firm & Tone 1 hr 15 min

A collagen-boosting wrap to erase imperfections, strengthens skin and offer figure sculpting benefits. Repairs and moisturises skin all over for a smooth, firm and radiantly younger looking body.

Anti Fatigue Citrus Energy Boost 1 hr 15 min

Energising and revitalising to improve circulation. A super-stimulating envelopment to improve poor circulation, ease aching muscles and fight fatigue. Excellent for treating cold hands and feet, ideally suited to those who enjoy an active lifestyle.

Vanilla & Ylang Ylang Relaxing Hydration 1 hr 15 min

Intensely calming and nourishing for super soft skin. Offering the relaxing sensation of a long, deep massage, this cocooning warming wrap relaxes mind and muscles deep down. Skin feels satiny and looks luminous too.

Cellulite Expert Detox Therapy 1 hr **£49.00**

Detoxing and re-sculpting for problem areas

Combat problem areas like hips, thighs and buttocks with this dramatically re-sculpting treatment. Your therapist uses bespoke intensive massage techniques to either eliminate toxins or help tone and firm. Use of Decl or's Slim Effect products, which utilise state-of-the-art contouring technology, means your body will look and feel smoother, firmer and tighter.

Course of 6 treatments saving  25 ** 269.00**

Cleansing & Purifying Back Treatment 30 min ** 38.50**

Decongests and brightens for a beautiful back.

A facial for your back! Following our unique back diagnostic massage to relax and release blocked energy, a skin-brightening exfoliation re-oxygenates skin while targeting spots, blackheads and general congestion. Essential Oils and Plant Extracts help re-balance and control oil and moisture levels. Essential pre-wedding and holidays, it transforms skin to super-smooth and velvety to touch.

Radiant Mother-to-be Treatment 1 hr 15 min ** 65.00**

Safe and nurturing pregnancy ritual, suitable for pregnancies over 12 weeks

Pregnancy can take its toll on your body so relax and let a highly trained therapist safely and gently treat you to a truly nurturing experience. This blissful face and body treatment includes a comforting tummy mask that actively helps reduce the risk of stretch marks plus draining massage to reduce water retention thus tightening 'heavy' legs. A skin-brightening facial ensures you look as glowing as you feel.

Only for Men

Intensive Energising Face Treatment 1 hr 15 min ** 55.00**

Kick starts tired skin and minimises irritations

Over-worked and skin showing the strain? This fatigue-fighting, anti-ageing treatment also targets and treats shaving bumps and irritations. An invigorating and hydrating pure energy mask made from Oak and Green Clay decongests deep down to re-energise skin. Combined with stress releasing massage techniques and AROMESSENCE™ HOMME Super serum with active Clove Oil, skin is left relaxed, smooth and healthy looking - reduced beard growth is a bonus!

Other treatments include:

Manicures, Pedicures, Massage, Indian head massage, Crystal Clear, CACI and Ellipse Hair Removal, Acne Clearance, Skin Rejuvenation and Thread Vein Removal.

Upper Back or Chest Wax - 15 min ** 24.50**

Full Back Wax - 30 min ** 35.00**

Chest and Stomach Wax - 30 min ** 35.00**

Please show respect and courtesy to the therapist.

Tanning Treatments

Please shave or wax, exfoliate 24 hours before tanning, bring loose dark baggy clothing and preferably flip flops.

St. Tropez Airport Full body - 15 min ** 25.00**

For anyone wishing to acquire a natural glow, perfect for weddings the award winning St. Tropez tan is a safe, UV free tan using a spray application in as little as 15 min.

Full leg ** 15.00**

Hair Removal

Ellipse Hair Removal

Serenity Beauty, offers an alternative to IPL Laser Hair Removal, the technically advanced Ellipse Hair Removal using an Intense Pulsed Light system. Your personal requirements are overseen and performed, in confidence, by our IPL specialist.

What is Intense Pulsed Light?

Ellipse hair removal uses short, safe bursts of light emitted from a flash-lamp to treat specific skin conditions. The Ellipse IPL system uses a method called Selective Photothermolysis for the treatment of a wide range of skin conditions including the removal of unwanted hair.

How can I be sure Ellipse IPL hair removal is safe and effective?

Ellipse hair removal has been clinically proven to be safe and effective through years of clinical trials and studies. The settings used for your treatment will be based on the settings recommended by the clinicians who carried out the clinical trials. Ellipse carefully controls the amount of energy and pulses and delivers the desired energy in the optimal waveband for the treatment. These factors explain why millions of treatments have been so successful and to such a high standard.

Do I need to take special precautions before and after treatments?

It is important not to remove hair by plucking, tweezing and waxing during the entire four weeks before and during treatments. This ensures that as many hair follicles as possible contain a hair and thus can be destroyed by the light. It is important to avoid tanning before and during the treatment period to avoid the tanned skin from absorbing more light, which makes treatment less effective. Generally, no post-treatment care is necessary, but people with very sensitive skin may benefit from using a soothing aloe vera gel together with a sunscreen (min SPF 30).

Treatment regime?

1 treatment every 4-8 weeks (an average of 6 sessions is usually required). Free no obligation consultations and patch tests are available.

Treatment costs:

WOMEN'S FACE

6 Treatments maybe more for face, 4 weeks apart.

Book a Course of 6 Treatments and pay for 5

Centre Brow or Ear Lobe £30.00

Upper Lip £40.00

Side Face £60.00

Upper Lip & Chin £75.00

Half Face £80.00

Chin £45.00

Full Face £95.00

Jaw and Chin £80.00

Neck £80.00

Jaw £55.00

WOMEN'S BODY

6 Treatments maybe more, 6 to 8 weeks apart.

Book a Course of 6 Treatments and pay for 5

Nipples or Navel line or Fingers or Toes £60.00

Bikini Line £70.00

Upper Leg £140.00

Extended Bikini £85.00

Full Leg £220.00

Brazilian £100.00

Full Arm £110.00

Hollywood £125.00

Half Arm £80.00

Lower Leg £110.00

Under Arm £70.00

Buttocks £85.00

MEN'S FACE

6 Treatments maybe more for face, 4 weeks apart.

Book a Course of 6 Treatments and pay for 5

Centre Brow £30.00

MEN'S BODY

6 Treatments maybe more, 6 to 8 weeks apart.

Book a Course of 6 Treatments and pay for 5

Upper Chest £130.00 Full Back & Shoulders £225.00

Chest & Stomach £185.00 Back of Neck £75.00

Upper Back £130.00

Electrolysis

Permanent hair removal of unwanted hair using sterex pre-sterilised needles.

5 min **£15.00**

10 min **£20.00**

15 min **£25.00**

20 min **£30.00**

Waxing Hair Removal

A temporary method of hair removal which needs to be repeated every 4-6 weeks depending on hair growth.

1/2 leg wax - **£20.00**

Lip or chin wax - **£9.00**

3/4 leg wax - **£24.00**

Lip and chin wax - **£12.50**

Full leg wax - **£29.00**

Under arm wax - **£11.50**

Full leg & bikini wax - **£36.00**

Eyebrow wax - **£9.50**

Bikini line wax - **£13.00**

Forearm wax - **£18.00**

Brazilian wax - **£25.00**

Sides of face wax - **£18.00**

Hollywood wax - **£29.00**

Full face wax - **£30.00**

Hot Wax

Excellent for removing strong, coarse hair, and possibly more suited to those with sensitive skin.

Bikini line wax - **£25.00**

Lip and chin wax - **£15.00**

Brazilian wax - **£31.00**

Under arm wax - **£14.00**

Hollywood wax - **£36.00**

Eyebrow wax - **£12.00**

Lip or chin wax - **£10.00**

Mii Make Up

Easy to use, easy to understand: Mii Make Up gives you the confidence to create a look that is uniquely, completely, unmistakably you.

Day/Evening Make-Up £35.00

1 hr - for that special occasion.

Make-Up Lesson £45.00

1 hr - for new ideas on make-up application.

Bridal Make-Up £45.00

HOME VISITS AVAILABLE (Local area only) **£75.00 Per Person + Callout Fee**

Eye Care

A patch test is required 24hrs before your first tinting treatment.

Eyebrow Shape - 15 min	£9.50
Eyebrow Tint - 15 min	£9.50
Eyelash Tint - 30 min	£13.00
Eyelash Extensions (Cluster Party Lashes) Corners	£15.00
Full Set	£19.50
Eyelash & Eyebrow Tint - 30 min	£19.50
Eyebrow Shape & Tint - 15 min	£16.00

Ear Piercing

Hypoallergenic Studs including aftercare solution **£30.00**

Hand and Foot Care

In these treatments we use Naitiques products, which are proven to help nails that are inclined to break, peel or split.

Manicures

Naitiques Manicure **£22.00**

45 min - includes nail shape, cuticle care, massage and polish.

Naitiques Deluxe Manicure **£29.00**

1 hr - as above plus exfoliation handmask and heated mitts.

Naitiques File and Re-varnish **£15.00**

30 min - includes nail shape, and polish.

French Polish **£5.50**

15 min - needs to be booked with manicure.

Nail Art Any design + **20p** per jewel **£5.50**

Needs to be booked with a manicure or pedicure. per 15 min

Shellac/Gelation soak off Gel Polish

A fabulous innovation in nail colour. With the health of the natural nail in mind Gel Nail colour is thin and flexible providing strong, natural nail protection that resists dullness and chipping even after the most rigorous activities to deliver up to 14 days of flawless and mirror shine finish.

Gel Polish Fingers or Toes (file & paint) - 45 min **£26.50**

Gel Polish Removal & Revarnish - 1 hr **£28.00**

Gel Polish Removal & Treatment - 15 min **£5.00**

Gel Polish Repair (after 1 week) per nail **£4.00**

Rock Star Nails 1 hr **£31.50**

Gel Polish with glitter finish.

Gel Polish Effects **£31.50**

Create a unique look using glitter fade, stamping or foils.

Pedicures (please bring sandals to avoid polish smudging)

Naitiques Pedicure **£28.50**

1 hr - includes nail shape, cuticle care, removal of hard skin massage and polish.

Naitiques Deluxe Pedicure **£33.00**

1 hr 15 min - as above plus exfoliation mask and heated boots.

Gel Polish Pedicure 1 hr 15 min **£38.50**

Special Packages from Serenity

Total Indulgence - 5 hr save £15 **£165.00**

The perfect day starting with a body massage, a Decléor Ultimate Aromaplastie Glow facial, eyebrow shape, eyelash and eyebrow tint followed by a light lunch if requested **£10.00 extra**. Afterwards a pedicure and shellac fingers

Mini Top-to-Toe - 2 hr 45 min save £7 **£99.00**

Starts with a pedicure, shellac fingers, followed by a Decléor Aromaplastie Ultimate Glow facial, to help you feel relaxed and pampered.

Teen Treats for ages 10-16 years

Decléor Mini Facial 30 min **£30.00**

An ideal facial to identify the skin type and needs including skin care and product advice.

Crystal Clear Microdermabrasion 30 min **£40.00**

An excellent and progressive treatment for open pores, blackheads, acne scars and much more.

A patch test is required 24 hrs before your first treatment

Half Leg Wax 15 min **£16.00**

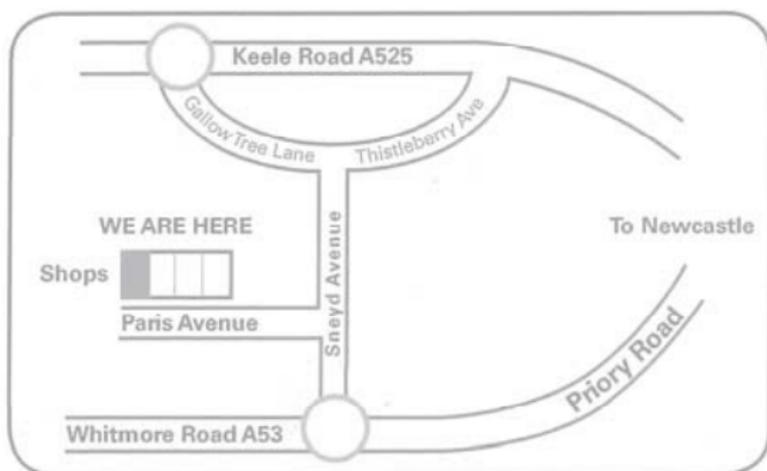
Underarm Wax 15 min **£9.00**

SPECIALISED TREATMENTS TO REDUCE FACIAL LINES AND WRINKLES

Restylane New Fill Botox Treatments

Performed by Hugo Kitchen MB, CHB, MBCAN, MAIMA

Skin tightening with PELLEVE, fillers for cheeks, jowls and jawline, leg vein micro sclerotherapy, lipo body sculpting with body jet and VASER lipo breast enhancement with fat transfer.



AWARDS

DECLÉOR AROMA GOLD SALON

PLEASE NOTE

CERTAIN TREATMENTS REQUIRE PARENT'S CONSENT.
PLEASE NOTIFY US IF YOU ARE UNDER 16 YEARS OF AGE.

MOST TREATMENTS INCLUDE A CONSULTATION, THIS
IS INCORPORATED WITHIN THE TREATMENT TIME.

TREATMENTS LASTING 3 HOURS OR MORE REQUIRE A
50% DEPOSIT ON BOOKING

FOR OVER 65'S MONDAY/TUESDAY 10% DISCOUNT

LOYALTY CARDS

REFER A FRIEND 25% DISCOUNT ON CERTAIN FACIALS

HOURS OF OPENING

MON - FRI 9AM - 7PM

SATURDAY 9AM - 5PM